

*The Sunrise Phone Meeting invites you to join us
for our December Holiday Phone Marathons*

ENLIGHTENING THE SPIRIT OF THE HOLIDAYS

Friday, December 24th thru Sunday, December 26th

Friday, December 31st and Saturday, January 1st



Join us any time for an extra boost to get through the holidays!

| Friday 12/24 | Saturday 12/25 | Sunday 12/26 | Friday 12/31 | Saturday 1/1 |
|---------------------|-----------------------|---------------------|---------------------|---------------------|
| 4:45-5:45PM | 6:45-8AM | 6:45-8AM | 4:45-5:45PM | 6:45-8AM |
| 6:45-8PM | 8-9:30AM | 8-9AM | 6:45-8PM | 8-9:30AM |
| 8-9PM | 9:30-10:30AM | 9-10AM | 8-9PM | 9:30-10:30AM |
| 9-10PM | 10:30AM-12PM | 10-11AM | 9-10PM | 10:30AM-12PM |
| 10-11PM | 12-1PM | 11AM-12PM | 10-11PM | 12-1PM |
| 11PM-12AM | 1-2PM | 12-1PM | 11PM-12AM | 1-2PM |
| | 2-3PM | 1-2PM | | 2-3PM |
| | 3-4PM | 2-3PM | | 3-4PM |
| | 4-5PM | 3-4PM | | 4-5PM |
| | 5-6:45PM | 4-5PM | | 5-6:45PM |
| | 6:45-8PM | 5-6:45PM | | 6:45-8PM |
| | 8-9PM | 6:45-8PM | | 8-9PM |
| | 9-10PM | 8-9PM | | 9-10PM |
| | 10-11PM | 9-10PM | | 10-11PM |
| | 11-12PM | 10-11PM | | 11-12PM |
| | | 11-12PM | | |

All meeting times are Eastern Standard Time.

Meetings may go past 12 midnight EST if moderators are available.

PHONE NUMBER FOR ALL MARATHONS

Dial Number: 712-432-3900

Pin Number: 4285115#

Shanni: 201-294-3846 - email: sschuman220@yahoo.com

Updated marathon information and announcements will be made during the day.