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FRAMINGHAM POINT SCORES

Summary of the NCEP Adult treatment Panel III Report
From *JAMA* may 16, 2007; 285: 19
(With help from Downriver Cardiology's Felix Rogers DO)

Estimate of 10-year risk for MEN

Age in years	Points
20-34	-9
35-39	-4
40-44	0
45-49	3
50-54	6
55-59	8
60-64	10
65-69	11
70-74	12
75-79	13

Estimate of 10 year risk for WOMEN

Age in years	Points
20-34	-7
35-39	-3
40-44	0
45-49	3
50-54	6
55-59	8
60-64	10
65-69	12
70-74	14
75-79	16

Total Cholesterol mg/DL	Points				
	age 20-39	age 40-49	age 50-59	age 60-69	age 70-79
<160	0	0	0	0	0
160-199	4	3	2	1	0
200-239	7	5	3	1	0
240-279	9	6	4	2	1
≥ 280	11	8	5	3	1

Total Cholesterol mg/DL	Points				
	age 20-39	age 40-49	age 50-59	age 60-69	age 70-79
<160	0	0	0	0	0
160-199	4	3	2	1	1
200-239	8	6	4	2	1
240-279	11	8	5	3	2
≥ 280	13	10	7	4	2

	Points				
	age 20-39	age 40-49	age 50-59	age 60-69	age 70-79
Non-Smoker	0	0	0	0	0
Smoker	8	5	3	1	1

	Points				
	age 20-39	age 40-49	age 50-59	age 60-69	age 70-79
Non-Smoker	0	0	0	0	0
Smoker	9	7	4	2	1

HDL, mg/DL	Points
≥60	-1
50-59	0
40-49	1
<40	2

HDL, mg/DL	Points
≥60	-1
50-59	0
40-49	1
<40	2

Systolic BP mmHg	If Untreated	If Treated	Systolic BP,mmHg	If Untreated	If Treated
<120	0	0	<120	0	0
120-129	0	1	120-129	1	3
130-139	1	2	130-139	2	4
140-159	1	2	140-159	3	5
≥ 160	2	3	≥ 160	4	6

SCORESHEET

MEN		WOMEN	
Point Total	10-Year Risk, %	Point Total	10-Year Risk
<0	<1	<9	<1
0	1	9	1
1	1	10	1
2	1	11	1
3	1	12	1
4	1	13	2
5	2	14	2
6	2	15	3
7	3	16	4
8	4	17	5
9	5	18	6
10	6	19	8
11	8	20	11
12	10	21	14
13	12	22	17
14	16	23	22
15	20	24	27
16	25	≥25	≥30
≥17	≥30		